

Juice Jumble Quiz 1

Label Wizard

Directions

Using the information provided in the nutrition and front labels, answer the questions about each juice.

Nutrition Facts		
Serving Size 8 fl oz (240g)		
Servings Per Container 1.5		
Amount Per Serving		
Calories 120		
%		
Total Fat 0g 0 %		
Saturated Fat 0g 0 %		
Cholesterol 0mg 0 %		
Sodium 35mg 1 %		
Total Carbohydrate 32g 11 %		
Dietary Fiber 0g 0 %		
Sugars 32g		
Protein 0g		
Vitamin A 0% • Vitamin C 0%		
Calcium 0% • Iron 0%		
* Percent Daily Values are based on a 2,000 calorie diet.		

Ingredients: Water, high fructose corn syrup, citric acid, ascorbic acid, yellow 6, red 40, other natural ingredients

1. This drink is most likely...
 - a. 100% Orange Juice
 - b. Orange Juice Drink
 - c. Orange Soda
2. List two facts on the nutrition label that led you to your answer for question number one.
 - a. _____
 - b. _____
3. List one fact on the ingredients list that led you to your answer for question number one.
 - a. _____
4. How many grams of sugar are in one serving of this drink? _____
5. How many servings are in the entire drink container? _____
6. How many teaspoons of sugar are in one serving of this drink? Please show your work and circle your answer.
7. How many teaspoons of sugar are in the entire drink? Please show your work and circle your answer.



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Nutrition Facts		
Serving Size 8 FL OZ (249g)		
Servings Per Container 8		
Amount Per Serving		
Calories 110		
		%Daily Value*
Total Fat	0g	0 %
Saturated Fat	0g	0 %
Cholesterol	0mg	0 %
Sodium	0mg	0 %
Total Carbohydrate	26g	9 %
Dietary Fiber	0g	0 %
Sugars	22g	
Protein	1g	
Vitamin A	0%	• Vitamin C 50%
Calcium	2%	• Iron 0%
* Percent Daily Values are based on a 2,000 calorie diet.		

Ingredients: Water, concentrated orange juice

8. This drink is most likely...
 - a. 100% Orange Juice
 - b. Orange Juice Drink
 - c. Orange Soda

9. List two facts on the nutrition label that led you to your answer for question number eight.
 - a. _____
 - b. _____

10. List one fact on the ingredients list that led you to your answer for question number eight.
 - a. _____

11. How many grams of sugar are in one serving of this drink? _____

12. How many servings are in the entire drink container? _____

13. How many teaspoons of sugar are in one serving of this drink? Please show your work and circle your answer.

14. How many teaspoons of sugar are in the entire container of this drink? Please show your work and circle your answer.

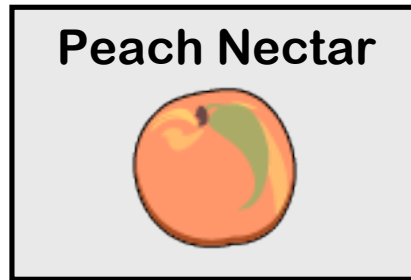


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22. This drink is most likely...
- a. All Fruit Juice
 - b. Some Fruit Juice
 - c. No Fruit Juice

23. This drink is most likely...
- a. All Fruit Juice
 - b. Some Fruit Juice
 - c. No Fruit Juice



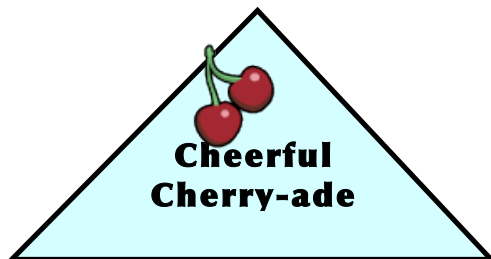
24. This drink is most likely...
- a. All Fruit Juice
 - b. Some Fruit Juice
 - c. No Fruit Juice

25. This drink is most likely...
- a. All Fruit Juice
 - b. Some Fruit Juice
 - c. No Fruit Juice



26. This drink is most likely...
- a. All Fruit Juice
 - b. Some Fruit Juice
 - c. No Fruit Juice

27. This drink is most likely...
- a. All Fruit Juice
 - b. Some Fruit Juice
 - c. No Fruit Juice



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