

Food Fury Quiz 3

Application - Answer Key

Directions

Applying what you've learned from Food Fury, circle the category that best describes each of the new foods below.

1. A tomato is an example of a
 - a. **Go Food**
 - b. Slow Food
 - c. Whoa Food
2. Cauliflower with cheese is an example of a
 - a. Go Food
 - b. **Slow Food**
 - c. Whoa Food
3. A candy bar is an example of a
 - a. Go Food
 - b. Slow Food
 - c. **Whoa Food**
4. An ice cream sundae is an example of a
 - a. Go Food
 - b. Slow Food
 - c. **Whoa Food**
5. A cucumber is an example of a
 - a. **Go Food**
 - b. Slow Food
 - c. Whoa Food
6. A baked potato with sour cream is an example of a
 - a. Go Food
 - b. **Slow Food**
 - c. Whoa Food
7. A corn on the cob with butter is an example of a
 - a. Go Food
 - b. **Slow Food**
 - c. Whoa Food



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8. Fried zucchini is an example of a
 - a. Go Food
 - b. Slow Food
 - c. Whoa Food**

9. Whole wheat crackers are an example of a
 - a. Go Food**
 - b. Slow Food
 - c. Whoa Food

10. Canned pineapple in heavy syrup is an example of a
 - a. Go Food
 - b. Slow Food
 - c. Whoa Food**

11. Pretzel sticks are an example of a
 - a. Go Food
 - b. Slow Food**
 - c. Whoa Food

12. Chocolate chip pancakes with syrup are an example of a
 - a. Go Food
 - b. Slow Food
 - c. Whoa Food**

13. Onion rings are an example of a
 - a. Go Food
 - b. Slow Food
 - c. Whoa Food**

14. Oranges are an example of a
 - a. Go Food**
 - b. Slow Food
 - c. Whoa Food

15. Sugar cookies are an example of a
 - a. Go Food
 - b. Slow Food
 - c. Whoa Food**



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16. Gummy fruit snacks are an example of a
- a. Go Food
 - b. Slow Food
 - c. Whoa Food**
17. Lemon-lime soda is an example of a
- a. Go Food
 - b. Slow Food
 - c. Whoa Food**
18. 100% apple juice is an example of a
- a. Go Food**
 - b. Slow Food
 - c. Whoa Food
19. Carrot sticks are an example of a
- a. Go Food**
 - b. Slow Food
 - c. Whoa Food
20. Apple pie with low fat whipped topping is an example of a
- a. Go Food
 - b. Slow Food
 - c. Whoa Food**

