

## Food Fury Quiz 3 Application

### Directions

Applying what you've learned from Food Fury, circle the category that best describes each of the new foods below.

1. A tomato is an example of a
  - a. Go Food
  - b. Slow Food
  - c. Whoa Food
2. Cauliflower with cheese is an example of a
  - a. Go Food
  - b. Slow Food
  - c. Whoa Food
3. A candy bar is an example of a
  - a. Go Food
  - b. Slow Food
  - c. Whoa Food
4. An ice cream sundae is an example of a
  - a. Go Food
  - b. Slow Food
  - c. Whoa Food
5. A cucumber is an example of a
  - a. Go Food
  - b. Slow Food
  - c. Whoa Food
6. A baked potato with sour cream is an example of a
  - a. Go Food
  - b. Slow Food
  - c. Whoa Food
7. A corn on the cob with butter is an example of a
  - a. Go Food
  - b. Slow Food
  - c. Whoa Food



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8. Fried zucchini is an example of a
  - a. Go Food
  - b. Slow Food
  - c. Whoa Food
  
9. Whole wheat crackers are an example of a
  - a. Go Food
  - b. Slow Food
  - c. Whoa Food
  
10. Canned pineapple in heavy syrup is an example of a
  - a. Go Food
  - b. Slow Food
  - c. Whoa Food
  
11. Pretzel sticks are an example of a
  - a. Go Food
  - b. Slow Food
  - c. Whoa Food
  
12. Chocolate chip pancakes with syrup are an example of a
  - a. Go Food
  - b. Slow Food
  - c. Whoa Food
  
13. Onion rings are an example of a
  - a. Go Food
  - b. Slow Food
  - c. Whoa Food
  
14. Oranges are an example of a
  - a. Go Food
  - b. Slow Food
  - c. Whoa Food
  
15. Sugar cookies are an example of a
  - a. Go Food
  - b. Slow Food
  - c. Whoa Food
  
16. Gummy fruit snacks are an example of a
  - a. Go Food
  - b. Slow Food
  - c. Whoa Food



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17. Lemon-lime soda is an example of a
- Go Food
  - Slow Food
  - Whoa Food
18. 100% apple juice is an example of a
- Go Food
  - Slow Food
  - Whoa Food
19. Carrot sticks are an example of a
- Go Food
  - Slow Food
  - Whoa Food
20. Apple pie with low fat whipped topping is an example of a
- Go Food
  - Slow Food
  - Whoa Food

