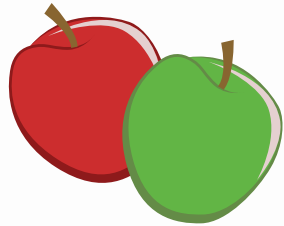
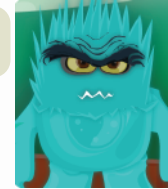


Fruit



Apple-Licious

Super
easy
snack!



Ingredients:

- 1 apple, sliced
- 2 Tbsp peanut butter
- 3/4 cup whole grain cereal or granola

Directions:

1. Wash, core, and slice apples.
2. Spread peanut butter on apple slices.
3. Press apple slices into cereal or granola and enjoy!

Safety:

Keep your fingers curled under when using the knife to avoid cutting your fingers.

Nutrition:

Recipe makes 1 serving
Each serving counts as 1 fruit

Recipe created by Recipalooza 2011 participant "snapper"

from the kitchen of
Playnormous

