

Lunch Crunch Quiz 3

Application

Directions

Applying what you've learned from Lunch Crunch 2, circle the category that best describes each of the new foods below.

1. Pinto beans are an example of a
 - a. Fruit
 - b. Non-Fruit
 - c. Vegetable
 - d. Non-Vegetable
2. Tomato salad is an example of a
 - a. Fruit
 - b. Non-Fruit
 - c. Vegetable
 - d. Non-Vegetable
3. Apple cobbler is an example of a
 - a. Fruit
 - b. Non-Fruit
 - c. Vegetable
 - d. Non-Vegetable
4. Fruit and walnut salad is an example of a
 - a. Fruit
 - b. Non-Fruit
 - c. Vegetable
 - d. Non-Vegetable
5. Strawberry pie is an example of a
 - a. Fruit
 - b. Non-Fruit
 - c. Vegetable
 - d. Non-Vegetable
6. Seasoned green beans are an example of a
 - a. Fruit
 - b. Non-Fruit
 - c. Vegetable
 - d. Non-Vegetable



Lunch Crunch Quiz 3

Application

7. Grilled peppers are an example of a
 - a. Fruit
 - b. Non-Fruit
 - c. Vegetable
 - d. Non-Vegetable

8. Cinnamon apple sauce is an example of a
 - a. Fruit
 - b. Non-Fruit
 - c. Vegetable
 - d. Non-Vegetable

9. Garlic cheese bread is an example of a
 - a. Fruit
 - b. Non-Fruit
 - c. Vegetable
 - d. Non-Vegetable

10. Pico de gallo is an example of a
 - a. Fruit
 - b. Non-Fruit
 - c. Vegetable
 - d. Non-Vegetable

11. Chopped tomatoes are an example of a
 - a. Fruit
 - b. Non-Fruit
 - c. Vegetable
 - d. Non-Vegetable

12. Banana pudding is an example of a
 - a. Fruit
 - b. Non-Fruit
 - c. Vegetable
 - d. Non-Vegetable

13. Tropical fruit salad is an example of a
 - a. Fruit
 - b. Non-Fruit
 - c. Vegetable
 - d. Non-Vegetable



Lunch Crunch Quiz 3

Application

14. Tater tots are an example of a
- Fruit
 - Non-Fruit
 - Vegetable
 - Non-Vegetable
15. Strawberries are an example of a
- Fruit
 - Non-Fruit
 - Vegetable
 - Non-Vegetable
16. Extra onion, lettuce, and tomato is an example of a
- Fruit
 - Non-Fruit
 - Vegetable
 - Non-Vegetable
17. Potato chips are an example of a
- Fruit
 - Non-Fruit
 - Vegetable
 - Non-Vegetable
18. Side salad with cucumber is an example of a
- Fruit
 - Non-Fruit
 - Vegetable
 - Non-Vegetable
19. Cream of spinach soup is an example of a
- Fruit
 - Non-Fruit
 - Vegetable
 - Non-Vegetable
20. Apple butter is an example of a
- Fruit
 - Non-Fruit
 - Vegetable
 - Non-Vegetable

