

Brain Gain Quiz 1

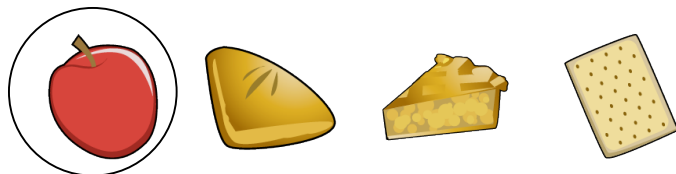
Find the Healthy Foods

Directions

For each set, circle the foods that do count as a serving of fruit or vegetables. One, two, or three of the foods in the line may count as fruit and vegetables.

Example

Apple foods



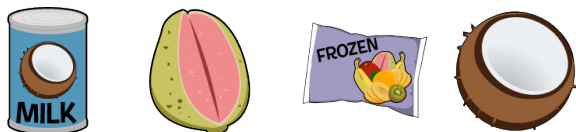
1. Banana Foods



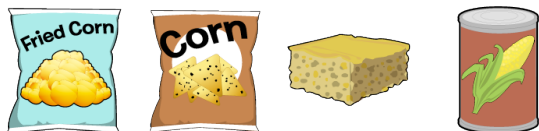
2. Cherry Foods



3. Tropical Foods



4. Corn Foods



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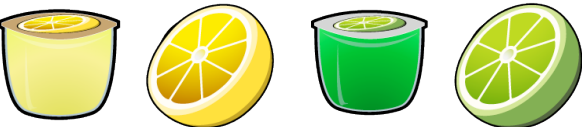
5. Grape Foods



6. Mixed Fruit Foods



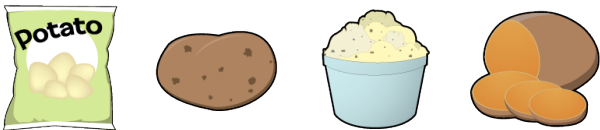
7. Lemon Lime Foods



8. Pineapple Foods



9. Potato Foods



10. Watermelon Foods



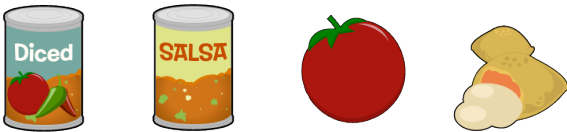
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11. Mixed Vegetable Foods



12. Tomato Foods



13. Strawberry Foods



14. Dried Fruit Foods



15. Mushroom Foods



16. Broccoli Foods



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17. Blueberry Foods



18. Onion Foods



19. Leafy Green Foods



20. Cucumber and Zucchini Foods

