

Lunch Crunch 2 Activity 2 Menu Mix Up

Instructions

Learning Objective

Students are able to identify foods that count as a serving of Fruit or Vegetables versus those that do not from a fast food menu.

Materials

1. Menu Mix Up Cards
2. “Menu Mix Up” worksheet
3. Scissors
4. Glue

Teacher Preparation

1. Allow students to play Lunch Crunch 2 at Playnormous.com.
2. Print out one set of the Menu Mix Up Cards for every two students.
3. Print out one set of the “Menu Mix Up” worksheets for every two students.

Instructions

1. Pair off students into groups of two.
2. Give each student pair one set of Menu Mix Up Cards and student worksheets.
3. Read the following directions aloud:
Oh no! Chef Bleubear’s restaurant menu is all mixed up! Now his customers have no idea which side items count as a serving of vegetables and which do not. Help the restaurant by cutting out each side item card and pasting it into the correct menu space.
4. Instruct students that they are to cut out the Menu Mix Up Cards and paste them into the correct category on the student worksheets.
5. You can go over the finished worksheets as a class or take it as a grade.
6. For additional fun, award a small prize to the group that finishes the sheets first.



Lunch Crunch 2 Activity 2
Menu Mix Up – Student Worksheet



Lunch Crunch 2 Activity 2
Menu Mix Up – Student Worksheet

Non-
Veggie

Non-
Veggie

Non-
Veggie

Non-
Veggie

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