

Lunch Crunch Quiz 3

Application – Answer Key

Directions

Applying what you've learned from Lunch Crunch, circle the category that best describes each of the new foods below.

1. Grape soda is an example of a
 - a. Fruit
 - b. Non-Fruit**
 - c. Vegetable
 - d. Non-Vegetable
2. Tomato and cucumber salad with no dressing is an example of a
 - a. Fruit
 - b. Non-Fruit
 - c. Vegetable**
 - d. Non-Vegetable
3. Apple cobbler is an example of a
 - a. Fruit
 - b. Non-Fruit**
 - c. Vegetable
 - d. Non-Vegetable
4. Canned peaches in lite syrup are an example of a
 - a. Fruit**
 - b. Non-Fruit
 - c. Vegetable
 - d. Non-Vegetable
5. Chocolate dipped strawberries are an example of a
 - a. Fruit
 - b. Non-Fruit**
 - c. Vegetable
 - d. Non-Vegetable
6. Frozen broccoli is an example of a
 - a. Fruit
 - b. Non-Fruit
 - c. Vegetable**
 - d. Non-Vegetable



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7. Dried cherries are an example of a
- a. **Fruit**
 - b. Non-Fruit
 - c. Vegetable
 - d. Non-Vegetable
8. Pinto beans are an example of a
- a. Fruit
 - b. Non-Fruit
 - c. **Vegetable**
 - d. Non-Vegetable
9. Pumpkin bread is an example of a
- a. Fruit
 - b. **Non-Fruit**
 - c. Vegetable
 - d. Non-Vegetable
10. Corn on the cobb is an example of a
- a. Fruit
 - b. Non-Fruit
 - c. **Vegetable**
 - d. Non-Vegetable
11. Fruit salad in lemon juice is an example of a
- a. **Fruit**
 - b. Non-Fruit
 - c. Vegetable
 - d. Non-Vegetable
12. Banana pudding is an example of a
- a. Fruit
 - b. **Non-Fruit**
 - c. Vegetable
 - d. Non-Vegetable
13. Star fruit is an example of a
- a. **Fruit**
 - b. Non-Fruit
 - c. Vegetable
 - d. Non-Vegetable



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14. Hash brown potatoes are an example of a
- a. Fruit
 - b. Non-Fruit
 - c. Vegetable
 - d. Non-Vegetable**
15. Cranberries are an example of a
- a. Fruit**
 - b. Non-Fruit
 - c. Vegetable
 - d. Non-Vegetable
16. Watermelon bubble gum an example of a
- a. Fruit
 - b. Non-Fruit**
 - c. Vegetable
 - d. Non-Vegetable
17. Potato chips are an example of a
- a. Fruit
 - b. Non-Fruit
 - c. Vegetable
 - d. Non-Vegetable**
18. Apple pie with fat free whipped cream is an example of a
- a. Fruit
 - b. Non-Fruit**
 - c. Vegetable
 - d. Non-Vegetable
19. Cream of spinach soup is an example of a
- a. Fruit
 - b. Non-Fruit
 - c. Vegetable
 - d. Non-Vegetable**
20. Orange cream-filled popsicle is an example of a
- a. Fruit
 - b. Non-Fruit**
 - c. Vegetable
 - d. Non-Vegetable

